

Erectile dysfunction

RFQs

- How is your sex drive (libido)? And your mood?
- Do you still get erections? In the morning for example?
- Have you lost any body hair, or noticed any change in the size of your testicles?
- Do you smoke? Have we checked your risk of heart attacks and strokes?
- Do you have any problems exerting yourself?

Provide

It's reassuring that you are still getting morning erections and that you are still interested in having sex. To make sure that your arteries are not part of the picture: can I check that you don't get any chest pain, or pain in your legs when you are walking?

Smoking can make you prone to long term problems with your erections. Problems with your erections can suggest possible narrowing of your arteries. Should we perhaps check your blood pressure and lipid levels?

It's really common to have some difficulty with erections early in a new relationship. You might like to temporarily use some viagra (sildenafil) to help out, and to improve your confidence. They might cause some facial flushing or a throbbing headache. Perhaps try a tiny dose, an hour or so before sexual contact. What do you think?

Safety net:

Please let me know if the viagra (sildenafil) doesn't seem to be doing the trick after you have used it 4 times or so.

Also let us know if you are sad, depressed or stressed.